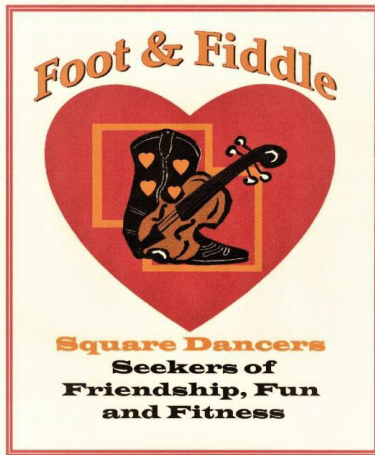


## YOU ARE INVITED

Learn all about how we have fun, make new friends. You will see for yourself how  
Your body and your mind can be healthier and happier.

Come see for yourself .... You won't be sorry!



**MONDAY SEPTEMBER 9, 2024 at 6:00pm**

JOIN US FOR A FREE CHILI DINNER  
AND THEN A FREE INTRODUCTION TO  
FUN, FRIENDSHIP and FITNESS!

Leaders of the FUN are Mike Olivieri and Lonnie Keyser

**Our classes are held every Monday and Wednesday from 6:30 to 8:30**

**Beginning on September 11<sup>th</sup>**

We are a family friendly organization. All ages are welcome!

We are Alcohol Free, Smoke Free, and Safe

No partner is necessary and the attire for classes is casual.

Join us at the Johnstown Community Senior Center  
101 Charlotte Street, Johnstown Colorado  
NW Corner of Charlotte and Parrish

Please RSVP so we prepare enough food!

[footandfiddle0@gmail.com](mailto:footandfiddle0@gmail.com) [www.footandfiddle.net](http://www.footandfiddle.net)

Are you an SSD dancer? We welcome you to come practice what you have learned while you learn Mainstream calls too. No strings attached, if you are interested we will make it happen.

IF YOU TRY IT .... YOU'LL LIKE IT!

